

**2025 TEAMMATE** Benefits Guide ActiveDay

# Welcome!

At Active Day, we believe the benefits we offer are an essential part of your overall rewards as a valued Teammate. After carefully reviewing the benefits package options for the upcoming plan year, we've made enhancements to the rewards available to our Active Day family.

We're thrilled to announce that there will be no increases to Teammate contributions for any of the benefits provided by Active Day, along with several exciting benefit enhancements.

We want to ensure that we illustrate our commitment to you by providing you with valuable benefit options and the tools and resources you need to stay committed to your health.

# The benefits in this guide are effective June 1, 2025 through May 31, 2026.

Once you have made your elections, you will not be able to change them until the next Open Enrollment period, unless you experience a qualifying life event (see page 2 of this guide for more information).

If you have any questions about Open Enrollment or the benefits outlined in this guide, please contact Member Advocacy at 800-563-9929.

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# Important Enrollment Information

# Who is Eligible to Elect Benefits?\*

#### **Teammate Eligibility**

All teammates are classified as part-time or greater and eligible for benefits if working at least 25 hours per week.

For employment classification below full time status, a 12-month look-back measurement period applies to determine eligibility.

# **Qualifying Life Events**

Once you have made your elections, you will not be able to change them until the next Open Enrollment period, unless you experience a qualifying life event (QLE).

#### **Qualifying Life Events include:**

- Marriage, divorce, or legal separation
- Birth or adoption of a child
- Change in child's dependent status
- Death of a spouse, child, or other qualified dependent
- Change in employment status or a change in coverage under another employer-sponsored plan
- Change in residence due to an employment transfer for you or your spouse

# **IMPORTANT:**

You must notify your manager within 30 days of experiencing a qualifying life event.

**Please note:** it is the Teammate's responsibility to notify their manager at the time their dependent is no longer eligible under an Active Day benefits plan so that Active Day can issue a timely COBRA notification and adjust their payroll deduction if necessary.



# **Additional Benefit Resources**

# HUSK Wellness (GlobalFit)

Achieving optimal health and wellness doesn't have to be complicated or expensive. Access exclusive best-inclass pricing with some of the biggest brands in fitness, nutrition, and wellness with HUSK Marketplace.

#### **Gyms & Fitness Centers**

HUSK Marketplace members can access exclusive savings and flexible membership options to a variety of facilities. From national chains to specialty studios, HUSK has something for every workout.

#### **HUSK Nutrition**

HUSK Nutrition provides evidence-based virtual health and nutrition programs. You will meet with a Registered Dietitian who will implement a complete 1-on-1 nutrition program specifically designed to answer your nutrition related questions, accommodate your individual needs, and fit your busy lifestyle.

#### Home Equipment & Tech

Whatever your fitness level is, HUSK has exclusive equipment and wearable technology to help support you on your wellness journey. Whether you want to monitor an everyday activity or start a new fitness routine, you can find the best products and deals here.

#### **On-Demand Fitness**

Take advantage of all the benefits of group exercise classes in the comfort of your own home. HUSK's streaming membership options will take your wellness and workouts to the next level.

#### **Mental Health**

We all need help sometimes. HUSK Mental Health connects you with licensed therapists through technology. Our therapists empower you through guidance and support using evidence-based practices.

Visit **marketplace.huskwellness.com/connerstrong** to get started with HUSK today!

## GoodRx

This service offers an easy way to compare prices for all FDA-approved prescription drugs at virtually every pharmacy in America.

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You can find pharmacy coupons, manufacturer discounts, generics, comparable drug choices, and savings tips all in one place. GoodRx can often beat the copay amount or help with drugs that are not covered by the plan.

For more information, visit **www.goodrx.com** or download the GoodRx mobile app.

**Note:** Out-of-pocket expenses through GoodRx do not apply to your Independence Blue Cross medical deductible or out-of-pocket maximum.

## **NEW BENEFIT!** Utopia WellCare

Utopia WellCare's goal is to help you develop a better overall relationship with your health via comprehensive Functional Nutrition services provided by Board-Certified Registered Dietitians.

#### How it works

Utopia WellCare provides oneon-one virtual consultations with dietitians at no cost to you. Consultations are covered under preventive care through your insurance carrier and offer **6 FREE visits**.



Scan to visit Utopia Wellcare

#### Have Questions?

- Email info@utopiawellcare.com
- Visit **utopiawellcare.com** or scan the QR code above
- Download the Utopia Wellcare Mobile App

# Dependent Care Flexible Spending Account

The Dependent Care Flexible Spending Account (FSA) provides you with an important tax advantage that can help you pay for dependent care expenses on a pre-tax basis. By anticipating dependent care costs for the next plan year, you can lower your taxable income.

## About the Dependent Care FSA

The Dependent Care FSA lets you use pre-tax dollars toward qualified dependent care expenses for children up to the age of 13 or individuals 13 or older if they are unable to care for themselves and reside with you at least 8 hours per day. The DCFSA can be used for:

• Au Pair or nanny

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- Before- and after-school programs, day camps, preschool
- Baby-sitting/dependent care to allow you to work
- Adult/eldercare for adult dependents

#### **Contribution Limits**

The annual maximum amount you may contribute for 2025 is \$5,000 (or \$2,500 if married and filing separately) per calendar year.

## Use-it-or-Lose-It!

**Dependent Care FSA funds do not roll over.** Money not used by the end of the plan year (May 31, 2026) will be forfeited.

## 2.5 Month Grace Period

The IRS permits employers to offer a grace period of up to 2.5 months following the end of the plan year. During this time, you can continue to use any leftover funds from the previous plan year for eligible dependent care expenses. The grace period ends on August 15<sup>th</sup>.

## To file a claim for reimbursement:

- Incur an eligible expense and obtain an invoice or receipt from your dependent care provider.
- Download and fill out the Dependent Care claim form, available on the portal.
- Submit the invoice with a claim form via fax, mail, Mobile app, or upload at www.flores247.com
- You will be paid via check or direct deposit.

**Note:** Dependent Care FSAs are not pre-funded with the full annual election amount. Claims are processed weekly and reimbursed with the pre-tax fund balance that have been payroll deducted at the time the claim is filed.



# For more information:

For more information visit **flores247.com**, scan the QR code, or call **800-532-3327**.



Scan to visit Flores online

# Employee Assistance Program (EAP) CAREBRIDGE

# Make Emotional Wellbeing a Priority

Real help, when and where you or a loved one needs it

- **Confidential Mental Health Assistance:** Access to 24/7 guidance and counseling with licensed clinicians to assist with concerns such as stress, anxiety, depression, grief, substance abuse, and relationship conflicts. Support options include three in-person or telehealth referrals, text, and chat.
- Work-Life Solutions: Experienced work-life specialists can provide qualified referrals and resources for everyday concerns including child and eldercare, education planning, legal, wellness support groups, transportation, relocation, and pet care.
- **Financial Wellness:** Improve your ability to feel good about your financial life now and in the future. Learn skills to assist with retirement planning, debt management, budgeting, establishing savings, and preparing for a crisis.
- **Stress Management:** Learn to eliminate the chronic negative effects of stress and enhance personal life satisfaction with actionable tools and coaching.
- **Digital Tools and Support:** The Carebridge EAP App and **CarebridgeNow.com** make it easy for you to access a wide array of mental health and life management resources including articles, training, calculators, self-care tips, mindfulness practices, discount shopping programs, and more.



Scan to visit Carebridge online



## **To Contact Carebridge**

Carebridge services are available 24/7 and are free and confidential.

- Email: clientservice@carebridge.com
- Website: CarebridgeNow.com
- Call: 800-437-0911

Use code SH7M3 to use your benefits.

# **Voluntary Benefits**

Payroll contributions for these plans are specific to age and coverage level. Your costs can be determined by visiting **my.tbx360.com/activeday**.

## Whole Life Insurance

#### Administered by Banker's Worksite

Whole Life Insurance provides guaranteed life insurance coverage and access to living benefits that can assist you or your family with large expenditures that can arise during critical medical events or in event of death.

Additionally, a portion of premium paid accrues as a cash value that grows over time can be used for loans, drawn for retirement, or to fund the policy premiums.

## Critical Illness & Accident Insurance

#### Administered by MetLife

Critical Illness & Accident Insurance covers accidental injuries and illnesses that include, but are not limited to, cancer, heart attack, stroke and paralysis. These two benefits have been bundled together to provide you with the coverage to prepare for the unexpected.

## Hospital Indemnity Insurance

#### Administered by MetLife

Hospital Indemnity Insurance can supplement existing medical coverage and help provide financial support to pay for out-of-pocket expenses such as deductibles, copayments, and non-covered medical services in the event of a covered hospitalization.

Benefits are paid regardless of what is covered by medical insurance and payments are made directly to you.

# **IMPORTANT NOTE** About the MetLife Plans:

#### THIS IS A FIXED INDEMNITY POLICY, NOT HEALTH

**INSURANCE.** This fixed Indemnity policy may pay you a limited dollar amount if you're sick or hospitalized. You're still responsible for paying the cost of your care.

- The payment you get isn't based on the size of your medical bill.
- There might be a limit on how much this policy will pay each year.
- This policy isn't a substitute for comprehensive health insurance.
- Since this policy isn't health insurance, it doesn't have to include most Federal consumer protections that apply to health insurance.

#### Looking for comprehensive health insurance?

- Visit HealthCare.gov or call 800-318-2596 (TTY: 1-855-889-4325) to find health coverage options.
- To find out if you can get health insurance through your job, or a family member's job, contact the employer.

#### **Questions about this policy?**

- For questions or complaints about this policy, contact your State Department of Insurance.
   Find their number on the National Association of Insurance Commissioners' website (naic.org) under "Insurance Departments."
- If you have this policy through your job, or a family member's job, contact the employer.

# Pet Insurance

With Nationwide pet insurance, owners can focus on their pet's wellbeing without worrying about the cost for care.

Nationwide offers two plans for Teammates to choose from: **My Pet Protection** and **My Pet Protection with Wellness500**. Both plans are guaranteed issuance, have a \$250 annual deductible and include medical coverage with the choice of 50% or 70% reimbursement levels.

#### About the My Pet Protection Plan

My Pet Protection is a medical plan that offers an annual benefit of \$7,500 for eligible veterinary bills related to accidents, injuries and illnesses, including emergency clinics and specialists.

#### About the My Pet Protection with Wellness500 Plan

My Pet Protection with Wellness500 offers the same protection as our medical plan, but includes coverage for preventive care. With this plan, up to \$500 of the annual \$7,500 benefit can be used for wellness, including checkups, flea and heart worm preventives, vaccinations, spay and neuter and more.

Scan to visit Nationwide online



## What makes My Pet Protection different?

My Pet Protection is available through workplace benefits programs and is guaranteed issuance. It also includes additional benefits like lost pet advertising, emergency boarding and more. It's no surprise that My Pet Protection is the most paw-pular coverage plan from America's #1 pet insurer.

### Signing up is easy!

Simply visit **benefits.petinsurance.com/ activeday** or call **877-738-7874.** Please have your Paycom ID available and reference "Active Day" as your employer when applying.

COVERAGE	MY PET PROTECTION	MY PET PROTECTION WITH WELLNESS 360
Accidents	$\checkmark$	✓
Injuries	$\checkmark$	✓
lliness	$\checkmark$	✓
Hereditary and congenital conditions	$\checkmark$	✓
Diagnostics and imaging	$\checkmark$	✓
Procedures and surgeries	$\checkmark$	✓
Wellness exams		✓
Vaccinations		✓
Flea prevention		✓
Spray or neuter		✓
And more!	$\checkmark$	✓

#### **Understanding Your Pet Insurance Options**

# 401(k) Retirement Plan

# Eligibility

You are eligible to contribute to the plan and receive employer contributions after you meet the following requirements:

- Attain age 21
- Complete 6 months of service and work 500 hours

Teammates may enroll in the plan on the first of the month after meeting the eligibility requirements.

# **Teammate Contributions**

- Once you meet the eligibility requirements, you may begin Pre-Tax and/or Roth (after-tax) contributions to the plan.
- For 2025 you can contribute up to \$23,500 to the plan in combined pre-tax and Roth contributions.
   If you are 50 or over, you can make an additional catch-up contribution up to \$7,500 for 2025.
- Eligible Teammates may roll over balances from other qualified accounts to the plan.

# **Employer Contributions**

- Effective June 1, 2025, Active Day will match \$0.50 for every dollar that you contribute, up to a total match of \$1,000.00 annually.
- Matching contributions are made each pay period.

## Vesting

- You are always 100% vested in your salary deferral and rollover contributions.
- Company contributions are vested 20% per year after 1 year of service. You are fully vested in the company match after 5 years of service.



## Loans and Withdrawals

- You are permitted to take a loan from the plan for up to 50% of your vested account balance (\$50,000 max). The maximum loan term is 5 years for a general-purpose loan.
- You can take a distribution from the plan for any of the following reasons. You must request a distribution of rollover balances at any time.
   Distributions made prior to attaining age 59.5 may be subject to a 10% excise penalty.
  - Separation from Service
  - Attainment of 59.5
  - Financial Hardship
  - Disability

## **Getting Started**

If you would like to enroll in the plan, make changes to your savings elections, or view your account, please



log on to the Empower website by visiting empowermyretirement.com or scanning the QR code, or download the Empower app. You can also contact the Empower participant service center at 855-756-4738.

# Enrollment Instructions THE BENEFITS EXPERT (TBX)

# **Enrolling in Benefits**

#### STEP 1: Create an Account

 Register for an account on the MyTBX360 portal at my.tbx360.com/activeday and follow the prompts to complete the process.

#### **STEP 2: Enroll into your Benefits**

- **User ID:** Enter your social security number (no dashes) or use the last 4 characters of your Paycom Self Service username
  - (E.g. Your Paycom ESS username is 0X417AG13; use AG13 as your TBX user ID)
- **PIN:** Enter the last 4 digits of your SS# and the last 2 digits of your birth year, no dashes required.
  - Social Security Number: 123456789
  - Date of Birth: June 1st, 1980
  - PIN is 678980

## **Questions?**

For any assistance, you can call the TBX call center at 855-482-9669 from 7AM to 7PM CST (Monday - Friday) or by emailing **requestbenefits@activeday.com** 



Scan to visit TBX 360

# Benefits MAC & BenePortal CONNER STRONG & BUCKELEW…

# Benefits Member Advocacy Center (Benefits MAC)

The Benefits MAC, provided by Conner Strong & Buckelew, can help you and your covered family members navigate your benefits.

#### Contact the Benefits MAC to:

- Find answers to your benefits questions
- Search for participating network providers
- Clarify information received from a provide or your insurance company, such as a bill, claim, or explanation of benefits (EOB)
- Guide you through the enrollment process or how you can add or delete coverage for a dependent
- Rescue you from a benefits problem you've been working on
- Discover all that your benefits have to offer!

# You can contact Benefits MAC in any of the following ways:

- Via phone: 800-563-9929, Monday through Friday, 8:30 am to 5:00 pm EST
- Via the web: www.connerstrong.com/memberadvocacy
- Via e-mail: cssteam@connerstrong.com
- Via fax: **856-685-2253**

Member Advocates are available Monday through Friday, 8:30 am to 5:00 pm (Eastern Time). After hours, you will be able to leave a message with a live representative and receive a response by phone or email during business hours within 24 to 48 hours of your inquiry.

## BenePortal

#### Your Benefits Information – All in One Place!

At Active Day, Teammates have access to a full-range of valuable benefit programs. With BenePortal, you and your dependents can review your current Teammate benefit plan options online, 24/7!

Use BenePortal to access benefit plan documents, insurance carrier contacts, forms, guides, links, and other applicable benefit materials. BenePortal is mobile-optimized, making it easy to view your benefits on-the-go. Simply bookmark the site in your phone's browser or save it to your home screen for quick access.

#### BenePortal features include:

- Secure online access with NO login required!
- Direct links to benefits enrollment sites
- Plan summaries
- Wellness resources
- Carrier contacts
- Downloadable forms
- GoodRx
- Benefit Perks Discount Program
- And more!

Simply go to **www.activedaybenefits.com** to access your benefits information today!





# **Carrier Contacts**

Have questions about enrolling? Please contact **requestbenefits@activeday.com**. Have questions about your benefits or need assistance? The below contacts are available:

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BENEFIT	CARRIER	WEBSITE	PHONE/EMAIL
Member Advocacy	Conner Strong & Buckelew	www.connerstrong.com/memberadvocacy	800-563-9929 cssteam@connerstrong.com
Benefits Enrollment	TBX	my.tbx360.com/activeday	855-482-9669
401(k) Retirement Plan	Empower	www.empowermyretirement.com	855-756-4738
Dependent Care Flexible Spending Account (FSA)	Flores	www.flores247.com	800-532-3327
Employee Assistance Program (EAP)	Carebridge	www.carebridgenow.com	800-437-0911 clientservice@carebridge.com
Voluntary Whole Life Insurance	Bankers Worksite	mycoverage.bankersworksite.com	866-458-7500
Voluntary Critical Illness, Accident, and Hospital Indemnity Insurance	MetLife	mybenefits.metlife.com	800-438-6388
Voluntary Pet Insurance	Nationwide	benefits.petinsurance.com/activeday	877-738-7874

#### **Special Enrollment Notice**

Loss of other coverage (excluding Medicaid or a State Children's Health Insurance Program). If you decline enrollment for yourself or for an eligible dependent (including your spouse) while other health insurance or group health plan coverage (including COBRA coverage) is in effect, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the Company stops contributing toward your or your dependents' other coverage). However, you must request enrollment within [30 days or any longer period that applies under the plan] after your or your dependents' other coverage ends (or after Under the pian) after your of your dependents of ther coverage ends (of after the employer stops contributing toward the other coverage). If you request a change within the applicable timeframe, coverage will be effective the first of the month following your request for enrollment. When the loss of other coverage is COBRA coverage, then the entire COBRA period must be exhausted in order for the individual to have another special enrollment right under the Plan. Generally, exhaustion means that COBRA coverage ends for a reason other than the failure to pay COBRA premiums or for cause (that is, submission of a fraudulent claim). This means that the entire 18-, 29-, or 36-month COBRA period usually must be completed in order to trigger a special enrollment for loss of other coverage.

Loss of eligibility for Medicaid or a State Children's Health Insurance Program. If you decline enrollment for yourself or for an eligible dependent (including your spouse) while Medicaid coverage or coverage under a state children's health insurance program (CHIP) is in effect, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage. However, you must request enrollment within 60 days after your or your dependents coverage ends under Medicaid or CHIP. If you request a change within the applicable timeframe, coverage will be effective the first of the month following your request for enrollment.

### New dependent by marriage, birth, adoption, or placement for adoption. If you have a new dependent as a result of marriage, birth,

adoption, or placement for adoption, you may be able to enroll yourself and your new dependents. However, you must request enrollment within [30 days or any longer period that applies under the plan] after the marriage, birth, adoption, or placement for adoption. If you request a change within the applicable timeframe, coverage will be effective the date of birth, adoption or placement for adoption. For a new dependent as a result of marriage, coverage will be effective the first of the month following your request for enrollment.

Eligibility for Medicaid or a State Children's Health Insurance Program. If you or your dependents (including your spouse) become eligible for a state premium assistance subsidy from Medicaid or through a state children's health insurance program (CHIP) with respect to coverage under this plan, you may be able to enroll yourself and your dependents in this plan. However, you must request enrollment within 60 days after your or your dependents' determination of eligibility for such assistance. If you request a change within the applicable timeframe, coverage will be effective the first of the month following your request for enrollment.

To request special enrollment or obtain more information, contact Human Resources.

#### Newborns' and Mothers' Health Protection Act Notice

Group health plans and health insurance issuers generally may not, under federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under federal law, require that a provider obtain authorization from the plan or the issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

#### Women's Health and Cancer Rights Act Notice

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

all stages of reconstruction of the breast on which the mastectomy was performed;

surgery and reconstruction of the other breast to produce a symmetrical appearance; prostheses; and

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treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other benefits. If you have any questions, please speak with Human Resources.

#### Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of March 17, 2025. Contact your State for more information on eligibility -

ALABAMA - Medicaid Website: http://myalhipp.com/ Phone: 1-855-692-5447 ALASKA - Medicaid The AK Health Insurance Premium Payment Program Website: http://myakhipp.com/ Phone: 1-866-251-4861 Email: CustomerService@MyAKHIPP.com Medicaid Eligibility: https://health.alaska.gov/dpa/Pages/default.aspx

ARKANSAS - Medicaid Website: http://myarhipp.com/ Phone: 1-855-MyARHIPP (855-692-7447)

CALIFORNIA - Medicaid Health Insurance Premium Payment (HIPP) Program Website: http:// dhcs.ca.gov/hipp Phone: 916-445-8322 Fax: 916-440-5676 Email: hipp@dhcs.ca.gov

COLORADO - Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+) Health First Colorado Website: https://www.healthfirstcolorado.com/ Health First Colorado Member Contact Center: 1-800-221-3943/State Relay 711 CHP+: https://hcpf.colorado.gov/child-health-plan-plus CHP+ Customer Service: 1-800-359-1991/State Relay 711 Health Insurance Buy-In Program (HIBI): https://www.mycohibi.com/ HIBI Customer Service: 1-855-692-6442

FLORIDA - Medicaid Website: https://www.flmedicaidtplrecovery.com/ flmedicaidtplrecovery.com/hipp/index.html Phone: 1-877-357-3268

GEORGIA - Medicaid GA HIPP Website: https://medicaid.georgia.gov/health-insurancepremium-payment-program-hipp Phone: 678-564-1162, Press 1 GA CHIPRA Website: https://medicaid.georgia.gov/programs/thirdparty-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra Phone: 678-564-1162, Press 2

NDIANA - Medicaid Health Insurance Premium Payment Program All other Medicaid Website: https://www.in.gov/medicaid/ http://www.in.gov/fssa/dfr/ Family and Social Services Administration Phone: 1-800-403-0864 Member Services Phone: 1-800-457-4584

IOWA - Medicaid and CHIP (Hawki) Medicaid Website: https://hhs.iowa.gov/programs/welcome-iowa-medicaid Medicaid Phone: 1-800-338-8366 Hawki Website: https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-healthlink/hawki Hawki Phone: 1-800-257-8563 HIPP Website: https://hhs.iowa.gov/programs/welcome-iowamedicaid/fee-service/hipp HIPP Phone: 1-888-346-9562

KANSAS - Medicaid Website: https://www.kancare.ks.gov/ Phone: 1-800-792-4884 HIPP Phone: 1-800-967-4660

KENTUCKY - Medicaid Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP) Website: https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx Phone: 1-855-459-6328 Email: KIHIPP.PROGRAM@ky.gov KCHIP Website: https://kynect.ky.gov Phone: 1-877-524-4718 Kentucky Medicaid Website: https://chfs.ky.gov/agencies/dms

LOUISIANA - Medicaid Website: www.medicaid.la.gov or www.ldh.la.gov/lahipp Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)

MAINE - Medicaid Enrollment Website: https://www.mymaineconnection.gov/ benefits/s/?language=en\_US Phone: 1-800-442-6003 TTY: Maine relay 711 Private Health Insurance Premium Webpage: https://www.maine.gov/dhhs/ofi/applications-forms Phone: 1-800-977-6740 TTY: Maine relay 711

MASSACHUSETTS - Medicaid and CHIP Website: https://www.mass.gov/masshealth/pa Phone: 1-800-862-4840 TTY: 711 Email: masspremassistance@accenture.com

MINNESOTA - Medicaid Website: https://mn.gov/dhs/health-care-coverage/

Phone: 1-800-657-3672 MISSOURI – Medicaid Website: http://www.dss.mo.gov/mhd/participants/pages/hipp.htm Phone: 573-751-2005

MONTANA – Medicaid Website: http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP Phone: 1-800-694-3084 Email: HHSHIPPProgram@mt.gov

NEBRASKA - Medicaid Website: http://www.ACCESSNebraska.ne.gov Phone: 1-855-632-7633 Lincoln: 402-473-7000 Omaha: 402-595-1178

NEVADA – Medicaid Medicaid Website: http://dhcfp.nv.gov Medicaid Phone: 1-800-992-0900

NEW HAMPSHIRE – Medicaid Website: https://www.dhhs.nh.gov/programs-services/medicaid/ health-insurance-premium-program Phone: 603-271-5218 Toll free number for the HIPP program: 1-800-852-3345, ext. 15218 Email: DHHS.ThirdPartyLiabi@dhhs.nh.gov

NEW JERSEY - Medicaid and CHIP Medicaid Website: http://www.state.nj.us/humanservices/dmahs/ clients/medicaid/ Phone: 1-800-356-1561 CHIP Premium Assistance Phone: 609-631-2392 CHIP Website: http://www.njfamilycare.org/index.html CHIP Phone: 1-800-701-0710 (TTY: 711)

NEW YORK – Medicaid Website: https://www.health.ny.gov/health\_care/medicaid/ Phone: 1-800-541-2831

NORTH CAROLINA – Medicaid Website: https://medicaid.ncdhhs.gov/ Phone: 919-855-4100

NORTH DAKOTA – Medicaid Website: https://www.hhs.nd.gov/healthcare Phone: 1-844-854-4825

OKLAHOMA - Medicaid and CHIP Website: http://www.insureoklahoma.org Phone: 1-888-365-3742

OREGON – Medicaid and CHIP Website: http://healthcare.oregon.gov/Pages/index.aspx Phone: 1-800-699-9075

PENNSYLVANIA – Medicaid and CHIP Website: https://www.pa.gov/en/services/dhs/apply-for-medicaidhealth-insurance-premium-payment-program-hipp.html Phone: 1-800-692-7462 CHIP Website: https://www.dhs.pa.gov/CHIP/Pages/CHIP.aspx CHIP Phone: 1-800-986-KIDS (5437)

RHODE ISLAND - Medicaid and CHIP Website: http://www.eohhs.ri.gov/ Phone: 1-855-697-4347, or 401-462-0311 (Direct RIte Share Line)

SOUTH CAROLINA – Medicaid Website: https://www.scdhhs.gov Phone: 1-888-549-0820

SOUTH DAKOTA - Medicaid Website: http://dss.sd.gov Phone: 1-888-828-0059

#### TEXAS – Medicaid

Website: https://www.hhs.texas.gov/services/financial/healthinsurance-premium-payment-hipp-program Phone: 1-800-440-0493

UTAH – Medicaid and CHIP Utah's Premium Partnership for Health Insurance (UPP) Website: https://medicaid.utah.gov/upp/ Email: upp@utah.gov Phone: 1-888-222-2542 Adult Expansion Website: https://medicaid.utah.gov/expansion/ Utah Medicaid Buyout Program Website: https://medicaid.utah.gov/ buyout-program/ CHIP Website: https://chip.utah.gov/

VERMONT- Medicaid Website: https://dvha.vermont.gov/members/medicaid/hipp-program Phone: 1-800-250-8427

VIRGINIA - Medicaid and CHIP Website: https://coverva.dmas.virginia.gov/learn/premium-assistance/ famis-select and https://coverva.dmas.virginia.gov/learn/premiumassistance/health-insurance-premium-payment-hipp-programs Medicaid/CHIP Phone: 1-800-432-5924 WISCONSIN - Medicaid and CHIP Website: https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm Phone: 1-800-362-3002

WYOMING – Medicaid Website: https://health.wyo.gov/healthcarefin/medicaid/programsand-eligibility/ Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since March 17, 2025, or for more information on special enrollment rights, contact either:

U.S. Department of Labor Employee Benefits Security Administration www.dol.gov/agencies/ebsa 1-866-444-EBSA (3272)

U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services www.cms.hhs.gov 1-877-267-2323, Menu Option 4, Ext. 61565

#### Availability of Summary Health Information

As a Teammate, the health benefits available to you represent a significant component of your compensation package. They also provide important protection for you and your family in the case of illness or injury.

Your plan offers a series of health coverage options. Choosing a health coverage option is an important decision. To help you make an informed choice, your plan makes available a Summary of Benefits and Coverage (SBC), which summarizes important information about any health coverage option in a standard format, to help you compare across options.

A paper copy is available, free of charge, by emailing Christina Speck at cspeck@activedaycom.

#### Model General Notice of COBRA Continuation Coverage Rights

You're getting this notice because you recently gained coverage under a group health plan (the Plan). This notice has important information about your right to COBRA continuation coverage, which is a temporary extension of coverage under the Plan. This notice explains COBRA continuation coverage, when it may become available to you and your family, and what you need to do to protect your right to get it. When you become eligible for COBRA, you may also become eligible for other coverage options that may cost less than COBRA continuation coverage.

The right to COBRA continuation coverage was created by a federal law, the

Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA). COBRA continuation coverage can become available to you and other members of your family when group health coverage would otherwise end. For more information about your rights and obligations under the Plan and under federal law, you should review the Plan's Summary Plan Description or contact the Plan Administrator.

You may have other options available to you when you lose group health coverage. For example, you may be eligible to buy an individual plan through the Health Insurance Marketplace. By enrolling in coverage through the Marketplace, you may qualify for lower costs on your monthly premiums and lower out-of-pocket costs. Additionally, you may qualify for a 30-day special enrollment period for another group health plan for which you are eligible (such as a spouse's plan), even if that plan generally doesn't accept late enrollees.

#### What is COBRA continuation coverage?

COBRA continuation coverage is a continuation of Plan coverage when it would otherwise end because of a life event. This is also called a "qualifying event." Specific qualifying events are listed later in this notice. After a qualifying event, COBRA continuation coverage must be offered to each person who is a "qualified beneficiary." You, your spouse, and your dependent children could become qualified beneficiaries if coverage under the Plan is lost because of the qualifying event. Under the Plan, qualified beneficiaries who elect COBRA continuation coverage must pay COBRA continuation coverage.

If you're a Teammate, you'll become a qualified beneficiary if you lose your coverage under the Plan because of the following qualifying events:

- Your hours of employment are reduced, or
- Your employment ends for any reason other than your gross misconduct.

If you're the spouse of a Teammate, you'll become a qualified beneficiary if you lose your coverage under the Plan because of the following qualifying events:

- Your spouse dies;
- Your spouse's hours of employment are reduced;
- Your spouse's employment ends for any reason other than his or her gross misconduct;
- Your spouse becomes entitled to Medicare benefits (under Part A, Part B, or both); or
- You become divorced or legally separated from your spouse.

Your dependent children will become qualified beneficiaries if they lose coverage under the Plan because of the following qualifying events:

- The parent-Teammate dies;
- The parent-Teammate's hours of employment are reduced;
- The parent-Teammate's employment ends for any reason other than his or her gross misconduct;
- The parent-Teammate becomes entitled to Medicare benefits (Part A, Part B, or both);
- The parents become divorced or legally separated; or
- The child stops being eligible for coverage under the Plan as a "dependent child."

#### When is COBRA continuation coverage available?

The Plan will offer COBRA continuation coverage to qualified beneficiaries only after the Plan Administrator has been notified that a qualifying event has occurred. The employer must notify the Plan Administrator of the following qualifying events:

- The end of employment or reduction of hours of employment;
- Death of the Teammate; or
- The Teammate's becoming entitled to Medicare benefits (under Part A, Part B, or both).

For all other qualifying events (divorce or legal separation of the Teammate and spouse or a dependent child's losing eligibility for coverage as a dependent child), you must notify the Plan Administrator within 60 days

after the qualifying event occurs. You must provide this notice to Christina Speck.

#### How is COBRA continuation coverage provided?

Once the Plan Administrator receives notice that a qualifying event has occurred, COBRA continuation coverage will be offered to each of the qualified beneficiaries. Each qualified beneficiary will have an independent right to elect COBRA continuation coverage. Covered Teammates may elect COBRA continuation coverage on behalf of their spouses, and parents may elect COBRA continuation coverage on behalf of their children.

COBRA continuation coverage is a temporary continuation of coverage that generally lasts for 18 months due to employment termination or reduction of hours of work. Certain qualifying events, or a second qualifying event during the initial period of coverage, may permit a beneficiary to receive a maximum of 36 months of coverage.

There are also ways in which this 18-month period of COBRA continuation coverage can be extended:

#### Disability extension of 18-month period of COBRA continuation coverage

If you or anyone in your family covered under the Plan is determined by Social Security to be disabled and you notify the Plan Administrator in a timely fashion, you and your entire family may be entitled to get up to an additional 11 months of COBRA continuation coverage, for a maximum of 29 months. The disability would have to have started at some time before the 60th day of COBRA continuation coverage and must last at least until the end of the 18-month period of COBRA continuation coverage.

#### Second qualifying event extension of 18-month period of continuation coverage

If your family experiences another qualifying event during the 18 months of COBRA continuation coverage, the spouse and dependent children in your family can get up to 18 additional months of COBRA continuation coverage, for a maximum of 36 months, if the Plan is properly notified about the second qualifying event. This extension may be available to the spouse and any dependent children getting COBRA continuation coverage if the Teammate or former Teammate dies; becomes entitled to Medicare benefits (under Part A, Part B, or both); gets divorced or legally separated; or if the dependent child stops being eligible under the Plan as a dependent child. This extension is only available if the second qualifying event would have caused the spouse or dependent child to lose coverage under the Plan had the first qualifying event not occurred.

### Are there other coverage options besides COBRA Continuation Coverage?

Yes. Instead of enrolling in COBRA continuation coverage, there may be other coverage options for you and your family through the Health Insurance Marketplace, Medicare, Medicaid, Children's Health Insurance Program (CHIP), or other group health plan coverage options (such as a spouse's plan) through what is called a "special enrollment period." Some of these options may cost less than COBRA continuation coverage. You can learn more about many of these options at www.healthcare.gov.

#### Can I enroll in Medicare instead of COBRA continuation coverage after my group health plan coverage ends?

In general, if you don't enroll in Medicare Part A or B when you are first eligible because you are still employed, after the Medicare initial enrollment period, you have an 8-month special enrollment period to sign up for Medicare Part A or B, beginning on the earlier of

- The month after your employment ends; or
- The month after group health plan coverage based on current employment ends.

If you don't enroll in Medicare and elect COBRA continuation coverage instead, you may have to pay a Part B late enrollment penalty and you may have a gap in coverage if you decide you want Part B later. If you elect COBRA continuation coverage and later enroll in Medicare Part A or B before the COBRA continuation coverage ends, the Plan may terminate your continuation coverage. However, if Medicare Part A or B is effective on or before the date of the COBRA election, COBRA coverage may not be discontinued on account of Medicare entitlement, even if you enroll in the other part of Medicare after the date of the election of COBRA coverage.

If you are enrolled in both COBRA continuation coverage and Medicare, Medicare will generally pay first (primary payer) and COBRA continuation coverage will pay second. Certain plans may pay as if secondary to Medicare, even if you are not enrolled in Medicare.

For more information visit https://www.medicare.gov/medicare-and-you.

#### If you have questions

Questions concerning your Plan or your COBRA continuation coverage rights should be addressed to the contact or contacts identified below. For more information about your rights under the Employee Retirement Income Security Act (ERISA), including COBRA, the Patient Protection and Affordable Care Act, and other laws affecting group health plans, contact the nearest Regional or District Office of the U.S. Department of Labor's Employee Benefits Security Administration (EBSA) in your area or visit www.dol.gov/ ebsa. (Addresses and phone numbers of Regional and District EBSA Offices are available through EBSA's website.) For more information about the Marketplace, visit www.HealthCare.gov.

#### Keep your Plan informed of address changes

To protect your family's rights, let the Plan Administrator know about any changes in the addresses of family members. You should also keep a copy, for your records, of any notices you send to the Plan Administrator.

#### Plan contact information

Christina Speck, Director of Benefits 6 Neshaminy Interplex Suite 401 Trevose, PA 19053, 888-505-1088

#### Important Notice from Active Day About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it.

This notice has information about your current prescription drug coverage with Active Day, and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

#### There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- Active Day, has determined that the prescription drug coverage
  offered by Independence Blue Cross is, on average for all plan
  participants, expected to pay out as much as standard Medicare
  prescription drug coverage pays and is therefore considered
  Creditable Coverage. Because your existing coverage is Creditable
  Coverage, you can keep this coverage and not pay a higher premium
  (a penalty) if you later decide to join a Medicare drug plan.

#### When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

#### What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current Active Day coverage will not be affected. [See pages 9 - 11 of the CMS Disclosure of Creditable Coverage To Medicare Part D Eligible Individuals Guidance (available at http://www.cms.hhs.gov/CreditableCoverage/), which outlines the prescription drug plan provisions/options that Medicare eligible individuals may have available to them when they become eligible for Medicare Part D.] If you decide to join a Medicare drug plan and drop your current Active Day, medical and prescription coverage, be aware that you and your dependents will no longer be eligible to receive benefits under this plan.

#### When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with Active Day, and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

#### For More Information About This Notice Or Your Current Prescription Drug Coverage...

Contact the person listed below for further information. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Active Day, changes. You also may request a copy of this notice at any time.

#### For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: Name of Entity/Sender: Contact-Position/Office: Address:	

April 2025 Active Day Human Resources/Benefits 6 Neshaminy Interplex Suite 401 Trevose, PA 19053 Christina Speck, 215.847.5797

Phone Number:

#### **PART A: General Information**

When key parts of the health care law took effect in 2014, there was a new way to buy health insurance: the Health Insurance Marketplace. To assist you as you evaluate options for you and your family, this notice provides some basic information about the new Marketplace and employment-based health coverage offered by your employer.

#### What is the Health Insurance Marketplace?

The Marketplace is designed to help you find health insurance that meets our needs and fits your budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options. You may also be eligible for a new kind of tax credit that lowers your monthly premium right away. Open enrollment for health insurance coverage through the Marketplace began in October 2013 for coverage starting as early as January 1, 2014.

#### Can I Save Money on my Health Insurance Premiums in the Marketplace?

You may qualify to save money and lower your monthly premium, but only if your employer does not offer coverage, or offers coverage that doesn't meet certain standards. The savings on your premium that you're eligible for depends on your household income.

# Does Employer Health Coverage Affect Eligibility for Premium Savings through the Marketplace?

Yes. If you have an offer of health coverage from your employer that meets certain standards, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer's health plan. However, you may be eligible for a tax credit that lowers your monthly premium, or a reduction in certain cost-sharing if your employer does not offer coverage to you at all or does not offer coverage that meets certain standards. If the cost of a plan from your employer that would cover you (and not any other members of your family) is more than 9.5% of your household income for the year, or if the coverage your employer provides does not meet the "minimum value" standards set by the Affordable Care Act, you may be eligible for a tax credit.<sup>1</sup>

**Note:** If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may lose the employer contribution (if any) to the employer-offered coverage. Also, this employer contribution, as well as your Teammate contribution to employer-offered coverage- is often excluded from income for Federal and State income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

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#### **How Can I Get More Information?**

For more information about your coverage offered by your employer, please check your summary plan description or contact the insurance carrier's customer service number located on your ID card. The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit HealthCare.gov for more information, including an online application for health insurance coverage and contact information for a Health Insurance Marketplace in your area. To get information about the Marketplace coverage, you can call the government's 24/7 Help-Line at 1-800-318-2596 or go to https://www.healthcare.gov/marketplace/individual/.

#### PART B: Information about Health Coverage Offered by Your Employer

This section contains information about any health coverage offered by your employer. If you decide to complete an application for coverage in the Marketplace, you will be asked to provide this information. This information is numbered to correspond to the Marketplace application.

<sup>1</sup>An employer-sponsored health plan meets the "minimum value standard" if the plan's share of the total allowed benefit costs covered by the plan is no less than 60 percent of such costs.

<b>3. Employer Name</b>	<b>4. Employer Identification Number</b>	
ADSC Holdings Inc d/b/a/ Active Day	47-4866784	
5. Employer Address	<b>6. Employer phone number</b>	
6 Neshaminy Interplex Suite 401	888-505-1088	
<b>7. City</b>	<b>8. State</b>	<b>9. Zip Code</b>
Trevose	PA	19053
10. Who can we contact about Teammate health coverage at this job?	<b>11. Phone</b>	12. Email address
Christina Speck, Director of Benefits	888-505-1088	cspeck@activeday.com



This material is intended to give you highlights of the Active Day Benefit Program and is subject in all respects to the terms and conditions of those plans which may be modified or replaced from time to time at the discretion of the company and without notice. In the case of differences between these highlights and summaries or formal plans, the provisions of the Plan will govern. Nothing in this material should be construed as an employment contract or as a guarantee of employment, earnings or benefits.